

Feet first

There's nothing nicer than a salon pedicure but **Sue Moxley** has tips on how to get great professional results at home

STUCK IN socks and boots all winter there's every chance your feet will be dry, and while you might not have had an excuse to paint your toes, a touch of colour will give you a lift.

Start by buffing away hard skin: the **Peacci Smooth Foot File** uses a micro-grain technology to shift dry dead cells for smooth and polished feet. The teardrop shape makes it easy to use on toes and it washes clean in seconds. Priced at £15 from (peacci.com).

A scrub will get rid of the last of hard skin that clings to heels and will help improve texture, too. Or you could try **Footner's Exfoliating Socks**, infused with natural skin buffing alpha hydroxyl acids, £9.99 at (myfootner.co.uk) or Tesco.

The cuticles at the base of toenails can need extra attention but don't be tempted to drag the skin as you can expose the new nail. Try nail care pro **Leighton Denney MBE's** excellent **Remover & Rectify** cuticle remover and smoother in one, £12 from (LD-boutique.com).

Now smooth over a rich foot cream such as **Dr Hauschka's Hydrating Foot Cream** with botanical waxes, £17 or for very dry skin try **Lloyds Pharmacy Cracked Heel Repair Cream**, £5.49.

Colour lasts longer on toes if you prepare properly. Use a base coat such as **Peacci 2 in 1 Base Coat**, £10, that nourishes and strengthens, then choose a bright zingy colour to welcome in warmer days ahead.



Sue Moxley is one of the UK's leading beauty experts; her career as a successful makeup artist took her around the world and she was the trusted artist for many celebrities. Sue branched into beauty journalism and was beauty editor of a national newspaper as well as other publications. She has also hosted several makeover shows on national television. She currently has a brand of beauty accessories and cosmetics in Tesco Extra stores and online: (www.suemoxleybeauty.co.uk).

